

Langstreckenklubmeisterschaften 2011
Altstätten, 3.12.2011

Wettkampf 1
03.12.2011 - 17:00

200m Freistil

Wal und Delfin
Rangliste

| Rang | Jg. | Zeit | 50m | 100m | 150m | 200m | | |
|------|-------------------|------|--------------------|----------------|---------|---------|---------|---------|
| 1. | SCHMID, Jan | 98 | Schwimmklub Widnau | 3:43.91 | 46.38 | 55.62 | 1:01.00 | 1:00.91 |
| 2. | BENZ, Mario | 02 | Schwimmklub Widnau | 4:27.33 | 56.14 | 1:09.50 | 1:11.77 | 1:09.92 |
| 3. | STEPANOVA, Dariya | 98 | Schwimmklub Widnau | 4:48.20 | 1:00.01 | 1:16.79 | 1:15.45 | 1:15.95 |
| 4. | SZELIGA, Lukas | 01 | Schwimmklub Widnau | 5:14.30 | 1:04.20 | 1:25.90 | 1:25.30 | 1:18.90 |
| 5. | MOSER, Timo | 02 | Schwimmklub Widnau | 5:28.97 | 1:14.52 | 1:24.52 | 1:19.98 | 1:29.95 |
| 6. | GRAF, Valerie | 04 | Schwimmklub Widnau | 5:35.19 | 1:10.53 | 1:26.81 | 1:30.58 | 1:27.27 |

Wettkampf 2
03.12.2011 - 17:15

Mädchen, 400m Freistil

Mädchen Jg 2001 und jünger
Rangliste

Punkte: FINA 2011

| Rang | Jg. | Zeit | Pkt. | | | | | |
|------|----------------------|---------|--------------------|----------------|---------------|---------|---------------|---------|
| 1. | SEITZ, Michelle | 01 | Schwimmklub Widnau | 7:56.54 | 119 | | | |
| | 50m: 47.08 | 47.08 | 150m: 2:48.05 | 1:03.97 | 250m: 4:50.09 | 59.70 | 350m: 7:04.54 | 1:07.33 |
| | 100m: 1:44.08 | 57.00 | 200m: 3:50.39 | 1:02.34 | 300m: 5:57.21 | 1:07.12 | 400m: 7:56.54 | 52.00 |
| 2. | SMITH, Levina | 02 | Schwimmklub Widnau | 8:05.20 | 113 | | | |
| | 50m: 48.00 | 48.00 | 150m: 2:51.80 | 1:03.20 | 250m: 4:58.60 | 1:03.90 | 350m: 7:09.14 | 1:07.14 |
| | 100m: 1:48.60 | 1:00.60 | 200m: 3:54.70 | 1:02.90 | 300m: 6:02.00 | 1:03.40 | 400m: 8:05.20 | 56.06 |
| 3. | SONDEREGGER, Alessia | 02 | Schwimmklub Widnau | 8:19.66 | 103 | | | |
| | 50m: 50.30 | 50.30 | 150m: 2:58.16 | 1:04.69 | 250m: 5:08.24 | 1:05.24 | 350m: 7:16.21 | 1:01.09 |
| | 100m: 1:53.47 | 1:03.17 | 200m: 4:03.00 | 1:04.84 | 300m: 6:15.12 | 1:06.88 | 400m: 8:19.66 | 1:03.45 |

Wettkampf 3
03.12.2011 - 17:25

Knaben, 400m Freistil

Knaben Jg 2001 und jünger
Rangliste

Punkte: FINA 2011

| Rang | Jg. | Zeit | Pkt. | | | | | |
|------|----------------------|---------|--------------------|-----------------|---------------|---------|----------------|---------|
| 1. | DIBARTOLOMEO, Gionas | 01 | Schwimmklub Widnau | 9:59.69 | 44 | | | |
| | 50m: 51.11 | 51.11 | 150m: 3:20.96 | 1:16.39 | 250m: 5:55.68 | 1:16.67 | 350m: 8:37.89 | 1:20.44 |
| | 100m: 2:04.57 | 1:13.46 | 200m: 4:39.01 | 1:18.05 | 300m: 7:17.45 | 1:21.77 | 400m: 9:59.69 | 1:21.80 |
| 2. | DIETZ, Fabio | 01 | Schwimmklub Widnau | 10:20.96 | 40 | | | |
| | 50m: 1:01.58 | 1:01.58 | 150m: 3:36.65 | 1:18.59 | 250m: 6:18.68 | 1:22.18 | 350m: 9:00.59 | 1:20.45 |
| | 100m: 2:18.06 | 1:16.48 | 200m: 4:56.50 | 1:19.85 | 300m: 7:40.14 | 1:21.46 | 400m: 10:20.96 | 1:20.37 |

Wettkampf 4
03.12.2011 - 17:40

Mädchen, 400m Freistil

Mädchen Jg 1999/2000
Rangliste

Punkte: FINA 2011

| Rang | Jg. | Zeit | Pkt. | | | | | |
|------|------------------|-------|--------------------|----------------|---------------|---------|---------------|---------|
| 1. | PLACHA, Tereza | 99 | Schwimmklub Widnau | 6:25.97 | 225 | | | |
| | 50m: 41.76 | 41.76 | 150m: 2:21.51 | 50.26 | 250m: 4:01.86 | 50.31 | 350m: 5:41.52 | 49.76 |
| | 100m: 1:31.25 | 49.49 | 200m: 3:11.55 | 50.04 | 300m: 4:51.76 | 49.90 | 400m: 6:25.97 | 44.45 |
| 2. | BÜCHEL, Ronya | 99 | Schwimmklub Widnau | 6:29.57 | 219 | | | |
| | 50m: 43.97 | 43.97 | 150m: 2:23.36 | 50.28 | 250m: 4:04.96 | 50.93 | 350m: 5:43.38 | 48.09 |
| | 100m: 1:33.08 | 49.11 | 200m: 3:14.03 | 50.67 | 300m: 4:55.29 | 50.33 | 400m: 6:29.57 | 46.19 |
| 3. | SEEWER, Fabienne | 99 | Schwimmklub Widnau | 6:34.60 | 211 | | | |
| | 50m: 42.10 | 42.10 | 150m: 2:23.20 | 51.10 | 250m: 4:06.10 | 51.00 | 350m: 5:47.90 | 50.80 |
| | 100m: 1:32.10 | 50.00 | 200m: 3:15.10 | 51.90 | 300m: 4:57.10 | 51.00 | 400m: 6:34.60 | 46.70 |
| 4. | PERRINO, Dania | 99 | Schwimmklub Widnau | 8:31.32 | 96 | | | |
| | 50m: 46.58 | 46.58 | 150m: 2:44.88 | 59.80 | 250m: 5:00.49 | 1:45.55 | 350m: 7:22.69 | 1:09.59 |
| | 100m: 1:45.08 | 58.50 | 200m: 3:14.94 | 30.06 | 300m: 6:13.10 | 1:12.61 | 400m: 8:31.32 | 1:08.63 |

Langstreckenklubmeisterschaften 2011
Altstätten, 3.12.2011

Wettkampf 5
03.12.2011 - 17:45

Knaben, 800m Freistil

Knaben Jg 1999/2000
Rangliste

Punkte: FINA 2011

| Rang | | | Jg. | | | | | Zeit | Pkt. |
|------|----------------------|-----------------|-------|--------------------|-------|------------------|-------|------------------|------|
| 1. | GRÜNENFELDER, Philip | | 99 | Schwimmklub Widnau | | | | 14:22.53 | 135 |
| | 100m: | 1:38.52 1:38.52 | 300m: | 5:14.00 1:47.48 | 500m: | 8:53.04 1:48.62 | 700m: | 12:37.02 1:50.72 | |
| | 200m: | 3:26.52 1:48.00 | 400m: | 7:04.42 1:50.42 | 600m: | 10:46.30 1:53.26 | 800m: | 14:22.53 1:45.51 | |
| 2. | KELLENBERGER, Serge | | 00 | Schwimmklub Widnau | | | | 14:25.93 | 134 |
| | 100m: | 1:40.79 1:40.79 | 300m: | 5:19.82 1:50.22 | 500m: | 9:01.84 1:49.88 | 700m: | 12:39.85 1:47.94 | |
| | 200m: | 3:29.60 1:48.81 | 400m: | 7:11.96 1:52.14 | 600m: | 10:51.91 1:50.07 | 800m: | 14:25.93 1:46.08 | |
| 3. | GRÜNENFELDER, Marco | | 99 | Schwimmklub Widnau | | | | 15:41.65 | 104 |
| | 100m: | 1:43.93 1:43.93 | 300m: | 5:37.20 1:56.68 | 500m: | 9:41.15 2:03.84 | 700m: | 13:44.43 2:03.80 | |
| | 200m: | 3:40.52 1:56.59 | 400m: | 7:37.31 2:00.11 | 600m: | 11:40.63 1:59.48 | 800m: | 15:41.65 1:57.22 | |

Wettkampf 6
03.12.2011 - 18:05

Damen, 800m Freistil

Damen Jg 1998 und älter
Rangliste

Punkte: FINA 2011

| Rang | | | Jg. | | | | | Zeit | Pkt. |
|------|----------------------|-----------------|-------|--------------------|-------|------------------|-------|------------------|------|
| 1. | ACHERMANN, Stephanie | | 96 | Schwimmklub Widnau | | | | 10:39.37 | 435 |
| | 100m: | 1:15.45 1:15.45 | 300m: | 3:55.97 1:20.62 | 500m: | 6:37.37 1:20.52 | 700m: | 9:19.00 1:20.81 | |
| | 200m: | 2:35.35 1:19.90 | 400m: | 5:16.85 1:20.88 | 600m: | 7:58.19 1:20.82 | 800m: | 10:39.37 1:20.37 | |
| 2. | SONDEREGGER, Saskia | | 91 | Schwimmklub Widnau | | | | 10:52.72 | 409 |
| | 100m: | 1:16.23 1:16.23 | 300m: | 3:59.34 1:21.72 | 500m: | 6:43.06 1:23.02 | 700m: | 9:27.06 1:20.82 | |
| | 200m: | 2:37.62 1:21.39 | 400m: | 5:20.04 1:20.70 | 600m: | 8:06.24 1:23.18 | 800m: | 10:52.72 1:25.66 | |
| 3. | KÖLBENER, Selina | | 96 | Schwimmklub Widnau | | | | 11:06.27 | 384 |
| | 100m: | 1:19.62 1:19.62 | 300m: | 4:08.52 1:24.85 | 500m: | 6:58.14 1:24.42 | 700m: | 9:45.41 1:22.99 | |
| | 200m: | 2:43.67 1:24.05 | 400m: | 5:33.72 1:25.20 | 600m: | 8:22.42 1:24.28 | 800m: | 11:06.27 1:20.86 | |
| 4. | STÄDLER, Esther | | 98 | Schwimmklub Widnau | | | | 11:43.25 | 327 |
| | 100m: | 1:21.45 1:21.45 | 300m: | 4:19.63 1:30.53 | 500m: | 7:19.74 1:29.74 | 700m: | 10:20.19 1:29.00 | |
| | 200m: | 2:49.10 1:27.65 | 400m: | 5:50.00 1:30.37 | 600m: | 8:51.19 1:31.45 | 800m: | 11:43.25 1:23.06 | |
| 5. | FORTER, Franziska | | 94 | Schwimmklub Widnau | | | | 12:49.38 | 249 |
| | 100m: | 1:27.60 1:27.60 | 300m: | 4:36.97 1:35.49 | 500m: | 7:54.04 1:38.87 | 700m: | 11:14.73 1:40.51 | |
| | 200m: | 3:01.48 1:33.88 | 400m: | 6:15.17 1:38.20 | 600m: | 9:34.22 1:40.18 | 800m: | 12:49.38 1:34.65 | |
| 6. | STANGL, Maria-José | | 98 | Schwimmklub Widnau | | | | 13:36.13 | 209 |
| | 100m: | 1:33.00 1:33.00 | 300m: | 5:00.58 1:44.35 | 500m: | 8:26.76 1:43.28 | 700m: | 11:55.64 1:45.71 | |
| | 200m: | 3:16.23 1:43.23 | 400m: | 6:43.48 1:42.90 | 600m: | 10:09.93 1:43.17 | 800m: | 13:36.13 1:40.49 | |

Wettkampf 7
03.12.2011 - 18:30

Herren, 1500m Freistil

Herren Jahrgang 1998 und älter
Rangliste

Punkte: FINA 2011

| Rang | | | Jg. | | | | | Zeit | Pkt. |
|------|---------------|-----------------|-------|--------------------|--------|------------------|--------|------------------|------|
| 1. | SIEBER, Dario | | 94 | Schwimmklub Widnau | | | | 18:27.30 | 452 |
| | 100m: | 1:08.25 1:08.25 | 500m: | 6:02.83 1:14.30 | 900m: | 11:01.28 1:14.69 | 1300m: | 16:00.61 1:14.49 | |
| | 200m: | 2:21.25 1:13.00 | 600m: | 7:17.10 1:14.27 | 1000m: | 12:15.96 1:14.68 | 1400m: | 17:15.39 1:14.78 | |
| | 300m: | 3:34.72 1:13.47 | 700m: | 8:31.62 1:14.52 | 1100m: | 13:31.40 1:15.44 | 1500m: | 18:27.30 1:11.91 | |
| | 400m: | 4:48.53 1:13.81 | 800m: | 9:46.59 1:14.97 | 1200m: | 14:46.12 1:14.72 | | | |
| 2. | VULETIC, Sven | | 90 | Schwimmklub Widnau | | | | 21:14.74 | 296 |
| | 100m: | 1:08.31 1:08.31 | 500m: | 6:17.75 1:25.16 | 900m: | 12:21.13 1:29.37 | 1300m: | 18:20.74 1:33.70 | |
| | 200m: | 2:21.31 1:13.00 | 600m: | 7:50.04 1:32.29 | 1000m: | 13:49.17 1:28.04 | 1400m: | 19:48.72 1:27.98 | |
| | 300m: | 3:35.66 1:14.35 | 700m: | 9:24.53 1:34.49 | 1100m: | 15:18.04 1:28.87 | 1500m: | 21:14.74 1:26.02 | |
| | 400m: | 4:52.59 1:16.93 | 800m: | 10:51.76 1:27.23 | 1200m: | 16:47.04 1:29.00 | | | |

Langstreckenklubmeisterschaften 2011
Altstätten, 3.12.2011

Wettkampf 7, Herren, 1500m Freistil, Herren Jahrgang 1998 und älter

| Rang | | | Jg. | | | | | Zeit | Pkt. |
|--------|--------------------------|---------|-----------|---------------------------|----------|---------|--------|-----------------|------------|
| 3. | PERRINO, David | | 96 | Schwimmklub Widnau | | | | 22:13.26 | 259 |
| | 100m: | 1:17.58 | 1:17.58 | 500m: | 7:19.36 | 1:30.19 | 900m: | 13:29.52 | 1:37.10 |
| | 200m: | 2:46.18 | 1:28.60 | 600m: | 8:50.24 | 1:30.88 | 1000m: | 14:56.28 | 1:26.76 |
| | 300m: | 4:18.52 | 1:32.34 | 700m: | 10:21.55 | 1:31.31 | 1100m: | 16:21.35 | 1:25.07 |
| | 400m: | 5:49.17 | 1:30.65 | 800m: | 11:52.42 | 1:30.87 | 1200m: | 17:55.28 | 1:33.93 |
| 1300m: | | | | | | | 1300m: | 19:23.58 | 1:28.30 |
| 1400m: | | | | | | | 1400m: | 20:47.88 | 1:24.30 |
| 1500m: | | | | | | | 1500m: | 22:13.26 | 1:25.38 |
| 4. | ENGLER, Patrick | | 96 | Schwimmklub Widnau | | | | 22:58.30 | 234 |
| | 100m: | 1:23.50 | 1:23.50 | 500m: | 7:36.20 | 1:33.30 | 900m: | 13:47.50 | 1:31.50 |
| | 200m: | 2:54.80 | 1:31.30 | 600m: | 9:09.50 | 1:33.30 | 1000m: | 15:19.60 | 1:32.10 |
| | 300m: | 4:28.90 | 1:34.10 | 700m: | 10:44.50 | 1:35.00 | 1100m: | 16:54.40 | 1:34.80 |
| | 400m: | 6:02.90 | 1:34.00 | 800m: | 12:16.00 | 1:31.50 | 1200m: | 18:29.80 | 1:35.40 |
| 1300m: | | | | | | | 1300m: | 20:00.40 | 1:30.60 |
| 1400m: | | | | | | | 1400m: | 21:31.40 | 1:31.00 |
| 1500m: | | | | | | | 1500m: | 22:58.30 | 1:26.90 |
| 5. | STEIGER, Yves | | 98 | Schwimmklub Widnau | | | | 23:58.03 | 206 |
| | 100m: | 1:25.66 | 1:25.66 | 500m: | 7:54.46 | 1:38.12 | 900m: | 14:27.95 | 1:38.17 |
| | 200m: | 3:00.57 | 1:34.91 | 600m: | 9:32.13 | 1:37.67 | 1000m: | 16:05.13 | 1:37.18 |
| | 300m: | 4:37.69 | 1:37.12 | 700m: | 11:10.71 | 1:38.58 | 1100m: | 17:42.81 | 1:37.68 |
| | 400m: | 6:16.34 | 1:38.65 | 800m: | 12:49.78 | 1:39.07 | 1200m: | 19:19.52 | 1:36.71 |
| 1300m: | | | | | | | 1300m: | 20:56.08 | 1:36.56 |
| 1400m: | | | | | | | 1400m: | 22:30.45 | 1:34.37 |
| 1500m: | | | | | | | 1500m: | 23:58.03 | 1:27.58 |
| 6. | BÜCHEL, Nando | | 97 | Schwimmklub Widnau | | | | 27:01.57 | 144 |
| | 100m: | 1:27.62 | 1:27.62 | 500m: | 8:41.16 | 1:53.58 | 900m: | 16:28.80 | 1:57.51 |
| | 200m: | 3:10.55 | 1:42.93 | 600m: | 10:36.48 | 1:55.32 | 1000m: | 18:25.62 | 1:56.82 |
| | 300m: | 4:57.50 | 1:46.95 | 700m: | 12:31.92 | 1:55.44 | 1100m: | 20:17.11 | 1:51.49 |
| | 400m: | 6:47.58 | 1:50.08 | 800m: | 14:31.29 | 1:59.37 | 1200m: | 22:10.22 | 1:53.11 |
| 1300m: | | | | | | | 1300m: | 23:53.62 | 1:43.40 |
| 1400m: | | | | | | | 1400m: | 25:32.82 | 1:39.20 |
| 1500m: | | | | | | | 1500m: | 27:01.57 | 1:28.75 |
| 7. | BLÖCHLINGER, Noah | | 96 | Schwimmklub Widnau | | | | 27:08.01 | 142 |
| | 100m: | 1:27.25 | 1:27.25 | 500m: | 8:29.32 | 1:49.25 | 900m: | 15:54.37 | 1:52.51 |
| | 200m: | 3:10.14 | 1:42.89 | 600m: | 10:20.01 | 1:50.69 | 1000m: | 17:46.38 | 1:52.01 |
| | 300m: | 4:53.38 | 1:43.24 | 700m: | 12:10.95 | 1:50.94 | 1100m: | 19:39.89 | 1:53.51 |
| | 400m: | 6:40.07 | 1:46.69 | 800m: | 14:01.86 | 1:50.91 | 1200m: | 21:31.72 | 1:51.83 |
| 1300m: | | | | | | | 1300m: | 23:23.26 | 1:51.54 |
| 1400m: | | | | | | | 1400m: | 25:16.16 | 1:52.90 |
| 1500m: | | | | | | | 1500m: | 27:08.01 | 1:51.85 |